

Adventure tips

Discover Rostock between
city, beach and forest

*Dive in
and explore!*





SAIL-FLAIR
EXPERIENCE
ahead!

Foto: © TZRW, Holger Martens

hanesail.com


visit
Rostock




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Out and about in the ...

city

Rostock, a Hanseatic and university city on the Baltic Sea, combines maritime charm with living history. Here, impressive brick architecture, lively harbour scenes and historic alleys meet modern city life, creative culture and vibrant student energy.

Whether you're strolling through the old town, relaxing at the harbour, or heading out to the coast, you'll find that Rostock is a diverse, open and welcoming city where the sea, history and joie de vivre come together naturally.



Off to the ...

beach

The four resorts – Warnemünde, Diedrichshagen, Hohe Düne and Markgrafenheide – offer every facet of the perfect Baltic Sea holiday. Warnemünde charms visitors with its wide, sandy beach, iconic lighthouse and lively promenade. Diedrichshagen is peaceful and close to nature, providing the perfect setting for relaxa-

tion. Hohe Düne impresses with its views of the maritime harbour, seal research centre and modern marina, while Markgrafenheide features unspoilt coastal forests, natural beaches and plenty of space for active recreation. These are perfect destinations for anyone who loves the sea.



Into the ...

forest

Just outside the city, Rostock's forests are a true natural paradise of coniferous and deciduous woodland. Far from the hustle and bustle of city life, this green oasis is a biodiversity hotspot, boasting expansive coastal forests, tranquil trails and valuable

tree species. The Rostock Heath is particularly impressive, covering an area of over 6,000 hectares. Explore this unique landscape on foot, by bike, by boat or on a relaxing horse-drawn carriage ride for an unforgettable nature experience.

Guided & sightseeing tours



Whether you're exploring on foot, by bike, by bus or by boat, our guided tours and sightseeing trips will reveal the most beautiful spots, share fascinating stories and help you to notice hidden details. Book online now or visit one of our Rostock Information Centres!

rostock.de/guided-tours



The classic

Tour of Rostock's historic centre

This discovery tour will take you through the heart of Rostock, from Kröpelin Gate to Neuer Markt. As you walk through the city, you will gain insights into the architecture, urban development and Hanseatic traditions of Rostock. Highlights include University Square, the Convent of the Holy Cross, Kröpeliner Straße, New Market Square (Neuer Markt) and St. Mary's Church.

-  Duration: 1.5 hours
Dates of public tours: May-Oct daily, Nov-Apr every Sat
-  Rostock Information Centre at 'Universitätsplatz'
-  Price: from €9 p.p. with GuestCard
Book online: rostock.de/guided-tours





Time travel

L Duration: 1.5 hours
Dates of public tours: May-Oct Tue, Thu, Sat; Nov-Apr every Sat

📍 Rostock Information Centre in Warnemünde

🎫 Price: from €9 p.p. with GuestCard
Book online: rostock.de/guided-tours



Discover Warnemünde – from fishing village to seaside resort

This tour invites you to experience all the facets of Warnemünde, from its origins as a historic fishing village to its current status as a lively seaside resort. Taking the motto 'Warnemünde ankieken' (meaning 'take a look at Warnemünde') as its inspiration, the tour will take you to the town's most charming corners and open your eyes to its eventful history.



Bricks tell the story: On the trail of the Hanseatic League

Step back in time to an era when Rostock was one of the Hanseatic League's leading cities. The cityscape is defined by warm red tones as you take in the impressive Brick Gothic churches, gabled houses, historic warehouses and old trading quarters. Shaped by brickwork since the Middle Ages, this distinctive architecture continues to recount the tales of Rostock's prosperous Hanseatic past.

L Duration: 1.5 - 2 hours
Dates of public tours: refer to website

📍 Rostock Information Centre at 'Universitätsplatz'

🎫 Book online: rostock.de/groups



Stories between alleyways and harbour winds: Rostock then and now

This guided tour of Rostock's historic harbour district takes you through narrow streets lined with lovingly restored merchants' houses, charming courtyards and architectural treasures from the Hanseatic era. A particular highlight is the House Tree House (subject to availability), one of the city's oldest merchants' residences, which offers fascinating insights into medieval trade routes, maritime traditions and Rostock's rich history.

L Duration: 1.5 - 2 hours
Dates of public tours: refer to website

📍 Rostock Information Centre at 'Universitätsplatz'

🎫 Book online: rostock.de/groups



Where craftsmanship thrived and views stretch far

This guided tour of Rostock's eastern Old Town takes you between St. Peter's and St. Nicholas' churches, along winding alleys and past historic house façades and peaceful courtyards. A particular highlight is St. Peter's Church, whose tower offers visitors sweeping panoramic views. The district comes alive with tales of traditional craftsmanship, harbour life and history, which can still be felt today.



Insider tip

L Duration: 1.5 - 2 hours
Dates of public tours: May-Oct Mon, Wed, Fri

📍 Neuer Markt

🎫 Book online: rostock.de/guided-tours



Marvel at architecture

✉ Individual enquiry: gruppen@rostock.de



For district lovers

Between lecture hall and backyard: Discover the KTV

Kröpeliner Tor Vorstadt – known simply as KTV – is where Rostock’s academic heritage meets urban creativity. Lined with elegant Wilhelminian-era buildings, hidden backyards, and lively cafés, the district pulses with student energy and cultural diversity. Creative spaces and ever-changing perspectives shape a neighbourhood that is constantly reinventing itself.

- ⌚ Duration: 1.5 - 2 hours
 - 📍 Kröpelin Gate
 - 📄 Book online: rostock.de/groups
- 

Rostock – a city of literature following in the footsteps of Rostock’s authors through the city

This inspiring tour invites you to discover Rostock as a vibrant city of literature, where streets, squares, and historic landmarks become living stages of literary memory. The city’s rich cultural heritage unfolds through words, places, and stories that have shaped its identity. At the heart of the tour is Walter Kempowski, whose works give Rostock a distinctive literary character.

- ⌚ Duration: 1.5 - 2 hours
 - 📍 Rostock Information Centre at ‘Universitätsplatz’
 - 📄 Book online: rostock.de/groups
- 



Medieval brewing: A journey through Rostock’s beer heritage

Discover Rostock through its centuries-old brewing tradition. From the height of the Hanseatic League to modern times, beer was more than a drink here – it was a driving force behind trade, prosperity, and urban life. Stroll through Rostock’s historic old town and uncover former breweries, medieval storage houses, and fascinating traces of the ancient craft of brewing. Experience how this tradition shaped the city from the Middle Ages to the present day.

- ⌚ Duration: 1.5 - 2 hours
 - 📍 Rostock Information Centre at ‘Universitätsplatz’
 - 📄 Book online: rostock.de/groups
- 



Special

Coastal forest walk: Nature, history & untouched beauty

Escape into the serene landscape of the Rostock Heath on this atmospheric walk from Markgrafeneide. Follow historic woodland paths beneath towering ancient trees, through peaceful clearings and pristine forest areas that have remained untouched for generations.

- ⌚ Duration: approx. 2 hours
 - 📍 Rostock Heath Information Point in Markgrafeneide
 - 📄 Book online: rostock.de/groups
- 



Audio guided tours

Discover Rostock's historic city centre or the charming seaside resort of Warnemünde – entirely at your own pace. Our audio guides give you the freedom to explore whenever and however you like. Immerse yourself in fascinating insights, captivating stories and exclusive original recordings that bring the sights vividly to life. Simply press play and start exploring. Start your tour now!

Discover Rostock

- Duration: 2.5 - 3 hours
- Stops: 19
- German, English, French, Italian, Spanish, Swedish
- Price: €7.99, complimentary with GuestCard
Book online: rostock.de/audioguides



Discover Warnemünde

- Duration: 2 hours
- Stops: 13
- German, English, French, Italian, Spanish, Swedish
- Price: €7.99, complimentary with GuestCard
Book online: rostock.de/audioguides



Experiences for groups of all sizes

Rostock and its surrounding area is a year-round destination waiting to be discovered. Let yourself be captivated by its unique maritime charm and embark on an inspiring journey through the city, along the beach and through the forest. Whether you're visiting with friends, family, your club or as part of a larger group, Rostock offers unforgettable experiences for every occasion.

Group tours at a glance:

- With love for wisdom through Rostock's old town – a philosophical city tour
- Family tour: Little explorers on a big tour – Rostock's history for children (aged 4–12)
- Costumed tour: Plague and bloodletting – on the road with city surgeon Marianus Puerheno
- Costumed tour: Rostock's dark side
- From thatched cottage to container hostel – an architectural tour of Warnemünde
- Ahoy, Baltic Sea! – Exciting facts about the beach, sea and sea creatures for explorers young and old (aged 4–12)
- Light, alleys, legends – out and about with the lamplighter through Warnemünde

Our professional tour guides:

- Cycling tour guides in and around Rostock and Mecklenburg-Vorpommern
- Tour guides through Mecklenburg-Vorpommern (from 6 hours)



We would be delighted to help you create your own personalised experience. Contact us – we look forward to hearing from you!

+49 (0)381 5480062

gruppen@rostock.de

Book online:
rostock.de/groups



Night watchman tour through Rostock's old town

'Hear ye, hear ye, and let it be known...' with these traditional words, Rostock's night watchman begins his evening rounds. Dressed in historical attire complete with cloak, halberd and bugle, he vividly brings the past to life by sharing entertaining tales of rogues, scandalous characters and shady dealings from centuries gone by. Follow him through the old town. The night watchman tour is suitable for all ages.

Meeting point: St. Peter's Church
Tickets: Available online at mv-tickets.de



rostocktouristik.de

- May-Oct Mon/Fri/Sat 8 pm, Nov-Apr Mon/Sat 8 pm
- Hanse Touristik Rostock
Neuer Markt 12 (vs. Town Hall), 18055 Rostock
- +49 (0)381 25222944
- info@hansetouristik.de



City tours M. Scholz

Experience the comfort of a panoramic bus tour with live commentary as you explore Rostock. Wind your way through the narrow streets of the historic old town and soak up the city's unique atmosphere before enjoying the vibrant maritime life of the harbour.

rostock-stadtrundfahrt.de

- Apr-Oct 10 am-5 pm,
Nov-Mar 11 am-3 pm
- Rostock Information Centre,
Universitätsplatz 6, 18055 Rostock
- +49 (0)172 3126507
- info@rostock-stadtrundfahrt.de



Photographic discovery tours

Inspiring photography tours and practical photo workshops in collaboration with ARS Photo + Consulting GmbH.

foto-warnemuende.de

- Meeting points vary by tour
- +49 (0)381 80082430 |
+49 (0)174 1898094
- js@ars-fotografie.de

18 | Guided & sightseeing tours



Adventure Cityscapes

Join our city rallies and outdoor escape games to explore Rostock or Warnemünde in a fun and interactive way.

abenteuer-stadtwelten.de

- Available in the Rostock
Information Centres
- +49 (0)175 8082412
- info@abenteuer-stadtwelten.de

Discover Rostock!

From private tours to harbour experiences and bespoke programmes, we can create your perfect Rostock experience.

Just as
you wish

We look forward to
your enquiry:

Tel. +49 (0)381 5480062
gruppen@rostock.de

visit
Rostock



rostock.de/groups

Guided & sightseeing tours | 19

Sights & museums



Explore Rostock's historic city centre, home to impressive Brick Gothic churches, elegant gabled houses, and a renowned university. In Warnemünde, you can relax and explore the wide sandy beaches and the charming atmosphere of a former fishing village.

rostock.de/sights



Highlights of Rostock's city centre



» Use the city map to guide you!

1 University Square

The central square on Kröpelinier Straße brings together the university's main building, the five-gabled house with its carillon, the Fountain of Joy, the Blücher Monument and the Baroque Hall in the former Grand Ducal Palace.

📍 Universitätsplatz, 18055 Rostock

2 Main building of the university

The university's main building, constructed in 1867 in the Italian Renaissance style, is modelled on the University of Rostock, which was founded in 1419 and is one of the oldest in Northern Europe. Today, it has nine faculties, over 150 degree programmes and around 13,000 students.

uni-rostock.de

📍 Universitätsplatz 1, 18055 Rostock

The Zoological Institute of the University of Rostock is located next to the main building and displays an extensive collection of animals, including the famous Rostock arrow stork.

zoologie.uni-rostock.de/zoologische-sammlung

📍 Universitätsplatz 2, 18055 Rostock

🕒 Mon-Fri 10 am-4 pm

3 Convent of the Holy Cross

The Convent of the Holy Cross, founded in 1270 by Queen Margaret I of Denmark, dates back to the 13th or 14th century. The former Cistercian nunnery now houses the Museum of Cultural History. The complex includes the university church, cloister, refectory and historic residential buildings.

kulturhistorisches-museum-rostock.de

» see page 25

kempowski-archiv-rostock.de

📍 Klosterhof House 3, 18055 Rostock

🕒 Tue-Sun 2 pm-5 pm

4 City wall and ramparts

Large parts of Rostock's city fortifications are still intact today. Construction of the city walls, gates, towers, watchtowers and ramparts began in the late 13th century.

📍 Wallanlage, 18055 Rostock

5 Kröpelin Gate

The Kröpelin Gate, built in 1280, is 54 metres high and was the most magnificent of the 22 gates that once existed. Today, it houses a city history centre with an exhibition on the city's fortifications.

geschichtswerkstatt-rostock.de

📍 Kröpelinier Straße, 18055 Rostock

🕒 Mon-Sat 09:30 am-8 pm,
Sun 1 pm-6 pm

6 Street 'Lange Straße'

The street 'Lange Straße' (1274) is one of the oldest streets in Rostock. It was rebuilt in 1953 in the socialist realist style popular in the Soviet Union. Today, the 61-metre-wide street is a listed building.

 Lange Straße, 18055 Rostock

7 Street 'Wokrenterstraße'

The street 'Wokrenterstraße' was built in the 1980s after the northern part of the old town was severely damaged during the war. Only a few houses remained intact, including the late Gothic House Tree House built around 1490. It is one of the oldest merchant houses in Rostock and is renowned for its distinctive wooden construction.

hausbaumhaus.de

 Wokrenterstraße 40, 18055 Rostock

 Visit during a public tour possible or take the 3D tour:



8 St. Mary's Church

Dating back to 1230, St. Mary's Church is Rostock's most important landmark and a masterpiece of brick Gothic architecture. Admire the world-famous 1472 astronomical clock, which still runs on its original mechanism, as well as the magnificent altars, bronze baptismal font, royal box, pulpit, Marian tapestry, and historic tombs – all of which are true highlights of the city's cultural heritage.

marienkirche-rostock.de

 Am Ziegenmarkt, 18055 Rostock

 May-Oct Mon-Sat 10 am-5 pm,
Sun/public holidays 11 am-4 pm;
Nov-Apr Mon-Sat 10 am-4 pm,
Sun/public holidays 11 am-4 pm



9 New Market and Town Hall

Once the heart of medieval Rostock, the New Market enchants with gabled houses and the Möwenbrunnen (seagull fountain). The Town Hall (1270) stands out with its Gothic façade, seven towers and historic Ratskeller.

 Neuer Markt, 18055 Rostock

 Town Hall Mon-Fri 8 am-6 pm


10 Kerkhoff House

Built around 1470, the Kerkhoff House is one of Rostock's most famous historic buildings. Once the prestigious Gothic residence of Mayor Bartolt Kerkhoff, symbolising great prosperity, it now houses the city archives and registry office, blending rich history with present-day civic life.

 Hinter dem Rathaus 5, 18055 Rostock

11 Stone Gate and House of Estates

Built between 1574 and 1577 in Renaissance style, the Stone Gate is one of Rostock's four main historic gates, adorned with inscriptions, coats of arms and the iconic Rostock Griffin. Beside it stands the House of Estates (1890), once the seat of parliament and now home to the Higher Regional Court.

 Steinstraße, 18055 Rostock

12 Cow Gate

Dating back to 1262, the early Gothic Cow Gate is not only the oldest surviving city gate in Rostock, but also the oldest gate tower in northern Germany. Originally the city's main entrance, this four-storey defensive tower later served as a cattle passage, providing a fascinating insight into the city's medieval past.

 Hinter der Mauer 2, 18055 Rostock

13 Krahnstöver House

The 'Krahnstöver Haus' (1376), a late Gothic merchant's house, is one of the oldest gabled houses in Rostock. From 1803 to 1986, it was home to the Krahnstöver distillery and liqueur factory.

 Große Wasserstr. 31, 18055 Rostock

14 St. Nicholas Church

St. Nicholas Church (1257) in Rostock is one of the oldest hall churches in the Baltic Sea region. The imposing brick building is used for church events as well as concerts and exhibitions. The three residential floors in the Gothic hall roof are particularly worth seeing.

kirche-mv.de/nikolaikirche-rostock


 Bei der Nikolaikirche 1,
18055 Rostock

15 St. Peter's Church

Built in 1252, St. Peter's Church is Rostock's oldest parish church and a historic landmark. Its 117-metre-high tower once guided sailors and fishermen. Today, a lift takes visitors up to the 45-metre viewing platform, which offers magnificent views of the city and harbour. The Old Market Square, home to the Slüter Monument, lies just nearby and is perfect for further exploration.

petrikirche-rostock.de

 Alter Markt, 18055 Rostock

 May-Sep daily 10 am-6 pm,
Oct-Apr daily 10 am-4 pm
Closed on Good Friday, Christmas Eve
and New Year's Eve





16 Monastery of St. Catherine

Founded in 1223, the monastery has a rich and varied past, having served as a Franciscan monastery, poorhouse, orphanage, prison and military hospital. Today, the historic complex has been given new life as the home of the University of Music and Drama Rostock, which offers around 30 degree programmes and educates 500 students, hosting more than 300 concerts each year.

hmt-rostock.de

Beim St.-Katharinenstrift 8,

17 Monk Gate

Built in the 16th century, the Monk Gate is Rostock's last remaining beach gate, combining Gothic origins with a classical redesign from 1806.

Strandstraße 98, 18055 Rostock



Documentation and Memorial Site – Former GDR Stasi Remand Prison

A moving memorial offering insight into repression in the GDR, featuring permanent exhibitions on state control and daring escape attempts across the Baltic Sea, as well as changing special exhibitions.

lpb-mv.de/projekte/dug-rostock/

all year round Tue + Thu 10 am-3 pm, except on public holidays

Grüner Weg 5, 18055 Rostock



Rostock Botanical Garden

Discover this eight-hectare green oasis and enjoy a leisurely walk through one of Rostock's most beautiful garden monuments. This lovingly landscaped botanical paradise is home to around 20,000 fascinating plant species from across the globe, diverse biotopes and impressive greenhouses.

garten.uni-rostock.de

Mar-Oct Mon-Fri 7 am-7 pm, Sat-Sun 9 am-7 pm, Nov-Feb Mon-Sun 9 am-4 pm

Hamburger Straße/Holbeinplatz, 18057 Rostock



Museum of Cultural History Rostock

The Museum of Cultural History in Rostock showcases the history of the city and the surrounding region, offers insights into culture and society, and stimulates dialogue through its changing exhibitions. Its collections span eight centuries of urban life.

kulturhistorisches-museum-rostock.de

Tue-Sun 10 am-6 pm

Klosterhof 7, 18055 Rostock

+49 (0)381 3814530

kulturhistorisches.museum@rostock.de

Maritime Museum Rostock

Located aboard the historic MS Dresden ship on the Warnow River beside IGA Park, the museum provides an immersive insight into Rostock's shipbuilding and maritime heritage.

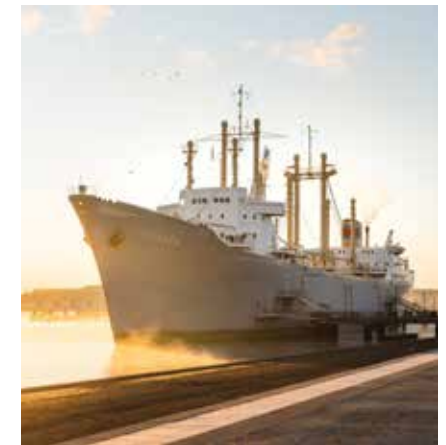
schiffahrtsmuseum-rostock.de

Nov-Mar Tue-Sun 10 am-4 pm, Apr-Oct Tue-Sun 10 am-6 pm

Schmarl-Dorf 40, 18106 Rostock

+49 (0)381 12831364

info@schiffahrtsmuseum-rostock.de



Art Gallery 'Kunsthalle Rostock'

Since 1969, Kunsthalle Rostock has showcased modern and contemporary art at the Schwanenteich, featuring international, national and emerging artists in a varied year-round programme.

kunsthallerostock.de

Tue-Sun 11 am-6 pm

Hamburger Straße 40, 18069 Rostock

+49 (0)381 44040500

info@kh-rostock.de

Highlights of Warnemünde



» Use the city map to guide you!

1 Vogtei (Bailiwick)

Dating back to 1250, the Vogtei is Warnemünde's oldest historic building, once a Danish royal palace and later a princely and municipal bailiwick as well as the seat of Swedish and French bailiffs.

📍 Am Strom 59, 18119 Rostock

2 Edvard Munch House

The renowned Norwegian artist Edvard Munch lived in Warnemünde in 1907–1908. His former fisherman's cottage at Am Strom 53 is now a designated historic building and vibrant cultural venue, hosting exhibitions and readings.

edvard-munch-haus.de

📍 Am Strom 53, 18119 Rostock

🕒 Fri-Sun 12 pm-5 pm

3 Street 'Alexandrinestraße'

The street 'Alexandrinestraße', formerly Achtereeg (Low German: rear row), is one of the oldest streets in the seaside resort. The gabled houses of the fishermen and sailors are particularly worth seeing. At number 31, the local history museum (see p. 27) invites you to discover the history of the town.

📍 Alexandrinestraße 31, 18119 Rostock

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4 Umgangsbrunnen (fountain)

The 'Warnemünder Ümgang' fountain (2004) on Alexandrinestraße commemorates a beloved local tradition celebrated each July in Warnemünde.

📍 Alexandrinestraße 49, 18119 Rostock

5 Am Strom / Alter Strom

Warnemünde's vibrant Alter Strom promenade is lined with fishing boats, excursion vessels, sailing yachts, and the sea rescue cruiser. Once known as the 'Vörreeg' (low German: front row), this charming waterfront is now filled with inviting cafés, restaurants and small shops.

📍 Am Strom, 18119 Rostock

6 Western pier

Extending over 500 metres into the Baltic Sea, the Western pier offers sea views, fresh breezes and a favourite spot for walkers and anglers.

📍 Am Strom 125, 18119 Rostock

7 Lighthouse & teapot

The 31-metre-high Warnemünde Lighthouse (1897/98) is the seaside resort's most iconic landmark. From its two viewing platforms, visitors can enjoy sweeping views of the coast and sea. Right next to it stands the striking 'Teapot' (1968), renowned for its rounded design and distinctive Hypar shell roof, creating a fascinating contrast between historic and modern architecture.

warnemuende-leuchtturm.de

📍 Am Leuchtturm 1, 18119 Rostock

🕒 Eastern - beginning of October daily 10 am-6.30 pm

8 Seafront promenade

Stroll along the elegant seafront promenade, framed by beautiful neoclassical villas and historic spa-style hotels. Highlights include Hotel Hübner (1852), the Heinkel Villa (1880) and the distinctive Weather House, creating a charming backdrop for seaside enjoyment.

📍 Seestraße, 18119 Rostock

9 Spa House & Park

Built in an elegant Bauhaus style in 1928, the Kurhaus Warnemünde is a vibrant cultural hub featuring restaurants, event spaces, and a winter garden. From May to September, the surrounding Kurhaus Park is filled with concerts and open-air events.

📍 Seestraße 18, 18119 Rostock

10 Warnemünde Church

A neo-Gothic landmark in the heart of Warnemünde, featuring a carved altar from 1475, a Renaissance pulpit (1591) and a striking statue of St. Christopher.

kirche-warnemuende.de

📍 Kirchenplatz, 18119 Rostock

🕒 daily 12 pm-3 pm



Warnemünde Local History Museum

Founded in 1914, the museum offers fascinating insights into the lives of sailors, fishermen and pilots, as well as the development of seaside bathing in Warnemünde. Discover historical treasures displayed in an original fisherman's cottage dating back to 1767.

heimatmuseum-warnemuende.de

🕒 Apr-Oct Tue-Sun 10 am-5 pm, Nov-Mar Wed-Sun 10 am-5 pm

📍 Alexandrinestraße 31, 18119 Rostock

☎ +49 (0)381 52667

✉ kontakt@heimatmuseum-warnemuende.de

11 Middle pier & Fish Market

From here, you can enjoy impressive views of ferries and cruise ships coming and going. Nearby, the Fish Market and a variety of inviting restaurants offer an array of fresh flavours and maritime delicacies.

📍 Am Bahnhof/Alter Strom, 18119 Rostock

12 Neuer Strom

At Neuer Strom, the sea comes to life: watch ferries heading to Scandinavia and, from April to October, admire impressive cruise ships in the harbour. This is also the starting point for boat and harbour tours.

📍 Am Passagierkai, 18119 Rostock

13 Marine Science Center

At the University of Rostock's Marine Science Centre, researchers study the senses and cognitive abilities of seals while visitors experience fascinating close encounters with marine mammals.

marine-science-center.de

📍 Am Yachthafen 3a, 18119 Rostock-Hohe Düne

🕒 Apr daily 10 am-3 pm, May-Oct daily 10 am-4 pm, Nov Thu-Sun 10 am-3 pm

Action & adventure



Discover Rostock's action-packed side: marvel at the zoo, burn off energy at Karl's, or explore the wide-open landscapes of IGA Park on a hike. Enjoy fun at the water park, adrenaline in the climbing parks, or slow things down with scenic bike rides and relaxing harbour tours – the perfect mix for an unforgettable adventure day.

rostock.de/adventure

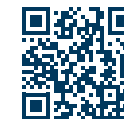


There's lots going on at Rostock Zoo

Come and encounter around 6,500 animals from 500 different species, and immerse yourself in the vibrant diversity of our planet. From gorillas and orangutans to penguins and polar bears, Rostock Zoo brings the animal kingdom to life. Explore expansive habitats, impressive aquariums and terrariums, and a 56-hectare park landscape, and relax in the beautiful surroundings. Authentic nature experiences await among ancient trees and botanical treasures. Special highlights include the two 'living museums', Darwineum and Polarium, which take you on an exciting journey from the origins of life to the fascinating polar regions. Whatever you're looking for – adventure, knowledge or wonder – you can enjoy playgrounds, interactive stations, feeding shows, animal encounters, guided tours and year-round events for all the family.



zoo-rostock.de







-  Apr-Sep 9 am-5 pm, Oct-Mar 9 am- 4 pm
-  Barnstorfer Ring 1, 18059 Rostock
-  +49 (0)381 2082179
-  service@zoo-rostock.de



IGA Park Rostock

Situated in the north-west of Rostock, IGA Park is a lush green retreat. With its spacious concert lawn, playgrounds, water sports facilities and impressive variety of flora and fauna, the park offers a wide range of leisure activities and relaxation for all the family.




iga-park-rostock.de

-  daily Nov-Mar 8 am-5 pm, Apr-Oct 8 am-10 pm
-  Schmarl-Dorf 40, 18106 Rostock
-  +49 (0)381 12831300
-  info@iga-park-rostock.de

Supieria: the water park & leisure paradise on the Warnow

Get ready for action, sunshine and water fun at Supieria! Enjoy wakeboarding, water skiing and stand-up paddleboarding at IGA Park Rostock. Supieria is perfect for families, groups and corporate events, combining exciting activities with catering and events for endless summer fun right on the water.

supieria.de




-  Schmarl-Dorf 22, 18106 Rostock
-  +49 (0)381 20339850
-  moin@supieria.de



Excavator playground Rostock

Now it's your turn! Move earth, dig deep and steer the excavator however you like. From the glass cab, you can see everything clearly as the arm and bucket respond to your every command. Get up close to the king of construction machinery and let your inner child run free!

baggerspielplatz-rostock.de

-  Mecklenburger Str. 4c, 18184 Pastow-Broderstorf
-  +49 (0)381 3716237 | +49 (0)174 8087888
-  info@baggerspielplatz-rostock.de



FELSHELDEN – Climbing in Warnemünde

At FELSHELDEN, anyone can be a rock hero. In this modern bouldering hall, climbers of all ages can reach new heights on exciting, jumping-height routes that challenge both body and mind. Enjoy active, fun-filled moments with friends while younger adventurers explore the dedicated children's climbing wall. With over 120 routes of varying difficulty, as well as snacks, drinks and ice cream, not to mention free sauna access, FELSHELDEN invites you to stay, relax and enjoy an unforgettable climbing experience.

felshelden.de

-  Mon-Fri 12 pm-10 pm, Sat/Sun 10 am-9 pm
-  Zum Zollamt 4, 18119 Warnemünde
-  +49 (0)381 67070300
-  info@felshelden.de



Hohe Düne climbing park

Whether you're young or old, sporty or a first-time climber, the climbing park Hohe Düne has the perfect course for you. Although the obstacles may look challenging at first, they are designed to be enjoyable and achievable. Children can start climbing from the age of four, and with 12 exciting courses across three difficulty levels, there are thrills to be had by all. We look forward to welcoming you!

kletterwald-hohe-duene.de


-  Warnemünder Straße 20, 18146 Rostock-Markgrafenheide
-  +49 (0)162 4109349
-  info@kletterwald-hohe-duene.de



Hygge Bike

Hygge Bike is your friendly bike rental and repair shop in Warnemünde. Choose from comfortable all-round bikes, children's bikes, and 26/28-inch models, as well as e-bikes, child seats, dog trailers, and handcars. We have everything you need for a carefree cycling experience by the sea.





hygge.bike

-  Mühlenstr. 35/36, 18119 Rostock-Warnemünde
-  +49 (0)381 51054576 | +49 (0)174 1969336
-  post@hygge.bike.de

You are the captain – explore Rostock by electric boat

Take the helm and discover the city without a licence on a modern electric boat. Enjoy your own harbour tour with up to six guests. After a brief introduction from our crew, you can set off. Life jackets in all sizes are provided, dogs are welcome, and reservations can be made online or on site.

boat-now.de



-  Apr-Oct, refer to website
-  Am Strande 7, 18055 Rostock
-  +49 (0)151 53956306
-  info@boatnow-rostock.de



Blaue Flotte – Rostock Personenschiffahrt Schütt

Welcome aboard! For three generations, the Schütt family has been taking guests on unforgettable harbour tours and cruises between Rostock and Warnemünde. Join us and experience the city's unique maritime atmosphere from the water.

blaue-flotte.de | rostocker-flotte.de | hafenerundfahrten-in-rostock.de




-  Moorings: Warnemünde, Neuer Strom/Passagierkai; Rostock, city harbour, Pier 84
-  +49 (0)172 3288992 | +49 (0)171 4240354 | +49 (0)173 9179178



Warnow-Personenschiff-fahrt

Step aboard the WarnowStar, the Markgrafenheide or the Schnatermann and enjoy a memorable journey on the Warnow. Join us for a one-hour harbour cruise through the Rostock port area or take a scenic tour of the heath on a traditional sternwheel steamer. Sit back, relax and experience Rostock from the water.

warnow-personenschiffahrt.de
heiderundfahrt.de

-  Alter Strom, Pier 9/11/14, 18119 Rostock-Warnemünde
-  +49 (0)381 70072020
-  info@warnow-personenschiffahrt.de






Hanse Sail Booking Office

Hop aboard and let the adventure begin! Immerse yourself in the maritime spirit of Hanse Sail and experience traditional sailing ships up close. Our cruises offer a genuine seafaring experience, just like the explorers who once set out to conquer the world's oceans.

We organise unforgettable experiences for you:

- Unforgettable day, evening and multi-day cruises
- Opportunities to sail along in the legendary Haikutter Regatta
- Gift vouchers for all cruises – the perfect present
- Special highlights for individual travellers, groups and companies

Best of all, we offer a wide range of unforgettable sailing experiences on the Baltic Sea, even beyond the Hanse Sail.

-  Warnowufer 65, 18057 Rostock
-  +49 (0)381 38129-74/-75
-  buchungen@hansesail.com

hansesail.com






Stadtpaddeln (City paddling) Rostock

Experience Rostock from a whole new perspective – on the water! Join one of our guided tours in a single or double kayak and explore the city harbour, the historic Petri district or even the Baltic Sea. Whether you're paddling alone or with a group, you can become an active explorer and glide through Rostock's rich and eventful history.

City harbour tour | Moonlight tour |
IGA Park tour | Seaport-Baltic Sea

stadtpaddeln-rostock.de




-  Am Haargraben, 18055 Rostock
-  +49 (0)176 62001132
-  buchung@stadtpaddeln-rostock.de



Supremesurf Beachhouse

Windsurfing, surfing, stand-up paddleboarding, wing surfing and kitesurfing all come together here. New for families: safe, supervised sea swimming for children.

supremesurfkurs.de




-  Beach Access 11,
18119 Rostock-Warnemünde
-  +49 (0)381 46077071
-  surfschule@supremesurfkurs.de



Bernsteinreiter Adventure: riding experiences in Hirsch- burg and Bad Doberan

Pony rides | Horse riding | Petting zoo |
Horse show

bernsteinreiter.de

-  open all year round – free admission
-  Neuklockenhäger Weg 1a, 18311
Ribnitz-Damgarten/OT Hirschburg
-  +49 (0)174 8530842
-  info@bernsteinreiter.de



Head to Karls in Rövers- hagen for fun near Rostock

Karls Erlebnis-Dorf offers exciting attractions for adventurers of all ages all year round. Children can let off steam in the free indoor play area, while adults can be amazed by the impressive ice sculptures created by international artists in the Fairytale Ice World.

Children will love the play stations, the strawberry caterpillar train, the potato sack slide and the flying cowshed. The huge factory market is full of delights, including glass factories where sweets, popcorn, chocolate and ice cream are made right before your eyes. The farm's rustic bakery tempts visitors with freshly baked bread rolls and delicious cakes. Karlchen the Strawberry can't wait to welcome you, and best of all, entry is free!

karls.de



-  open daily
-  Purkshof 2, 18182 Rostock/Rövershagen
-  +49 (0)38202 4050
-  post@karls.de





A truly wild day out at Wildpark-MV in Güstrow

Enjoy an adventure filled with animals at Wildpark-MV in Güstrow. This wildlife and landscape park showcases native flora and fauna in spacious, natural enclosures, some of which you can enter. Highlights include the thrilling predator enclosure with climbing paths and tunnels leading to wolves, bears and lynxes; an underwater world with an exciting aqua tunnel; and a charming farm area. Free parking.

wildpark-mv.de

-  Mar/Oct 9 am-6 pm, Apr-Sep 9 am-7 pm, Nov-Feb 9 am-4 pm
-  Primerburg, 18273 Güstrow
-  +49 (0)3843 24680
-  info@wildpark-mv.de

Summer toboggan run Bad Doberan

One of the most spectacular attractions in Mecklenburg-Vorpommern awaits you in Bad Doberan. Hop on and race downhill for an unforgettable tobogganing experience with stunning views of the cathedral. More excitement: a 50-metre cable car, trampolines, games and sports equipment, fun photo spots, a kiosk, picnic areas and barbecue hire. Perfect for children's birthday parties, group outings and family memories.

sommerrodelbahn-dbr.de




-  Mar-Oct daily from 10 am, Nov-Feb weekends & holidays depending on weather
-  Stülower Weg 70, 18209 Bad Doberan
-  +49 (0)38203 407401
-  rodelbahn-dbr@gmx.de



How about a day trip to Denmark by ferry?

Set sail for a relaxing getaway with plenty of space and fresh sea air. Enjoy delicious Danish cuisine on board while taking in sweeping views of the Baltic Sea. Departing from Rostock every two hours, you'll reach Gedser via the shortest route, which is operated to the highest climate protection standards. Day tickets for your car and up to nine passengers are available from the Port of Rostock. Find out more or book your trip now!

scandlines.de

-  Drehbahn 7, 20354 Hamburg
-  +49 (0)381 77887766
-  servicecenter.germany@scandlines.com



Ticket shop

Get your tickets for a wide range of events at our Rostock Information Centres.

Theatre
Concerts
Events

visit
Rostock



rostock.de/tickets

Health & wellness



Take a deep breath and treat yourself to a well-deserved break by the sea. In Warnemünde and its neighbouring seaside resorts of Diedrichshagen, Hohe Düne and Markgrafeneheide, you will find the perfect setting for your health-focused getaway!

rostock.de/health



Thalasso – A Moment by the Sea

Did you know that spending time by the sea is beneficial – for both your physical and mental health? Even the ancient Greeks recognised the healing power of the sea – known as thálassa – and used cold or warm seawater, sea air, sun, algae, mud and sand to treat illnesses. In the 19th century, European doctors developed these practices into what is now known as thalasso-therapy.

But thalasso is much more than a therapy. It is a way of life. It is a conscious choice to spend time outdoors by the sea, where the environment has both revitalising and calming effects. Whether you are walking along the water's edge, swimming in the sea, relaxing in a beach chair, playing beach volleyball or surfing. The Baltic Sea is always present and is a source of energy all year round. Its fresh, healthy air and mineral-rich waters boost your immune system and metabolism. The sea also has anti-inflammatory effects on the skin and respiratory tract and boosts circulation through natural stimuli such as cold, wind and sunlight. Smell, feel, listen, be active and relax – all this is what time by the sea is all about.


Our medical spa physicians

[Privatmedizin Rostock - Private Medical Services Rostock at the hotel Warnemünder Hof](#)

Dr. med. Christine Teichert
(Specialist in general medicine and radiology)

Dr. med. Maria Reichel-Scheer
(Specialist in general medicine)

 Stolteraer Weg 8, 18119 Rostock

 +49 (0)381 5430102

 info@privatmedizin-rostock.de

The Baltic Sea climate has a beneficial effect on:

- Respiratory tract
- Skin
- Circulation
- Metabolism
- Stress levels
- Sleep quality
- Joints & muscles



Daily Thalasso tips for you:

- Swimming in the sea
- Walking barefoot in the sand
- Surf hiking
- Gentle sand exfoliation on hands or feet
- Sea air break: conscious breathing and observation
- Relaxation in a beach chair
- Beach and water sports
- Gentle walk along the pier

[Medical Practice at the Kur- und Ferienhotel Sanddorn](#)

Dr. med. Regina Schwanitz
(General practitioner and specialist in sports medicine)

 Strandweg 12, 18119 Rostock

 +49 (0)381 5439935

Thalasso therapy trails – your break between waves and woods

Nature in and around Rostock invites visitors seeking relaxation and a slower pace of life to take a deep breath and recharge their batteries. The seaside resorts in particular offer a unique setting where the sea meets the forest: ideal places for combining outdoor enjoyment with physical activity. You can do something good for body and mind on ten certified Thalasso therapy trails as well as on a fully accessible route along the Warnemünde promenade leading to the pier. Ranging from 3 to 17 kilometres, the trails take you through the charming coastal landscape on sandy paths, forest tracks and routes close to the surf - all of them vary in the levels of difficulty. Some are also suitable for hand bikes and sea chairs.

So, step outside, breath in the fresh Baltic Sea air and enjoy your time by the sea!

rostock.de/thalasso-therapy-trails



- | | |
|--|--|
| <p>1 Stoltera & Wilhelmshöhe
 4 km 264
 Easy
 Wilhelmshöhe P</p> | <p>2 Baltic Sea beach
 4.7 km 396
 Easy
 Kleiner Sommerweg Parkstraße</p> |
| <p>3 Coastal forest, moor & heathland
 7 km 376
 Easy
 Borwin P</p> | <p>4 Around Markgrafeneide
 5.1 km 396
 Easy
 Stubbenwiese P</p> |
| <p>6 Schnatermann-path
 10.9 km 611
 Moderate
 Borwin P</p> | <p>6 Warnemünde to Wilhelmshöhe
 7.8 km 594
 Moderate
 Kurpark Warnemünde</p> |
| <p>7 Hütelmoor & beach
 13.3 km 1.056
 Challenging
 Borwin P</p> | <p>8 Sandy beach & seaside resort
 11 km 1.105
 Challenging
 Stubbenwiese P</p> |
| <p>9 Beach & Stoltera
 11.2 km 1.105
 Challenging
 Kurpark Warnemünde</p> | <p>10 Hohe Düne to Markgrafeneide
 16.8 km 1.700
 Difficult
 An der See P</p> |
| <p> Warnemünde accessible
 3 km
 Kurpark Warnemünde </p> | |



Exercise programmes

Beach, sea and movement – it's simply good for you! That's why we've put together lots of activities designed to help you stay active and feel your best by the coast.

Discover for yourself how beneficial being active by the sea can be. Whether it's water treading in the Baltic Sea, a Thalasso Active Day on the beach, the exercise trail in Warnemünde's spa garden, climate hiking through the coastal forest or aqua fitness – you're sure to find just the right thing for you in the exercise and events calendar.



rostock.de/health

Hotel NEPTUN

DAY SPA at the Hotel NEPTUN in Warnemünde, right on the beach: as a day guest, you can enjoy the seawater swimming pool, the sauna and fitness area with sea views, a varied programme of classes and a bathrobe and towel package. Massages, original thalasso treatments or cosmetic treatments are also available to book. Our spa team will be happy to advise you.

hotel-neptun.de

Sun-Fri 9 am-4 pm, (except public holidays), price: €49 p.p.
 Sun-Fri 6 pm-10 pm, (except public holidays), price: €39 p.p.

Seestraße 19,
 18119 Rostock-Warnemünde

+49 (0)381 777479

info@hotel-neptun.de



Tours & trails



Discover Rostock on foot, on the water or by bike. Whether through the city, from metropolis to metropolis or along the Baltic Sea coast – every tour has its own unique charm.

rostock.de/tours



Around Rostock's city harbour

↔ 8.5 km

🕒 2:00 hours



City walk along the eastern old town

↔ 5.3 km

🕒 1:30 hours



City walk through the maritime and trendy Rostock

↔ 5.1 km

🕒 2:00 hours





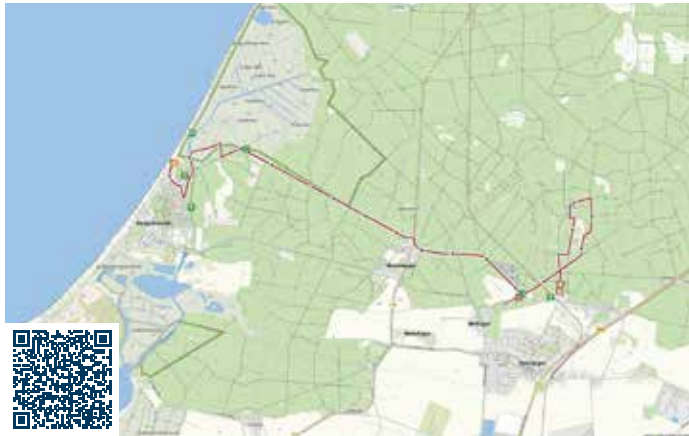
Planetary Path Warnemünde

↔ 6 km
🕒 1:27 hours



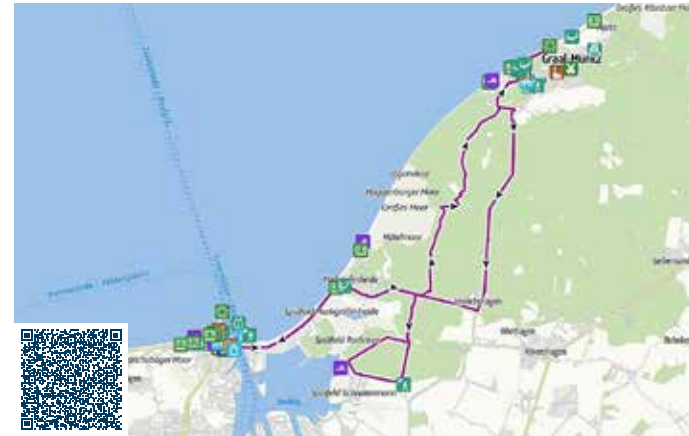
Cycling tour to Schwaan

↔ 37.4 km
🕒 2:35 hours



Biodiversity Discovery Trail

↔ 11.7 km
🕒 2:52 hours



Round trip from Warnemünde to Graal-Müritz

↔ 45.3 km
🕒 3:15 hours



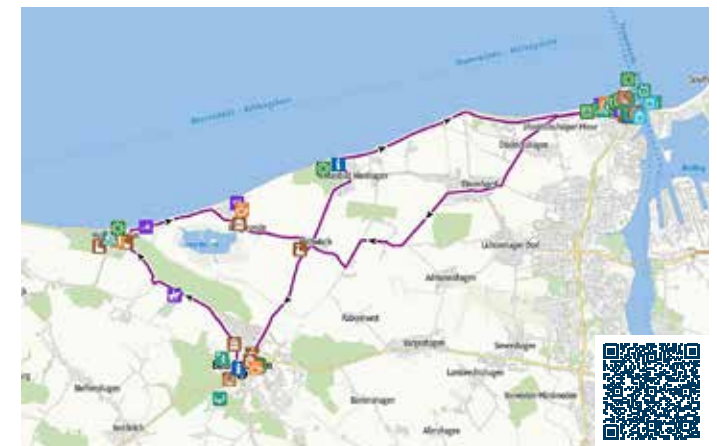
Kayak tour along the Warnow

↔ 5.4 km
🕒 2:00 hours



Round trip around Bad Doberan

↔ 43.8 km
🕒 2:57 hours



Family time



Rostock and Warnemünde are the perfect destinations for family holidays, offering endless fun and relaxation. You can enjoy wide, sandy beaches for swimming, playing and building sandcastles; shallow waters that are ideal for learning to swim; and a variety of children's activities, such as alpaca treks, guided tours for children and theatre performances.

rostock.de/family



Warnemünde: The perfect destination for families

Warnemünde is an excellent destination for family holidays. The resort's family-friendly spirit is proudly represented by the cheerful mascot, 'Ferienkönig Gustav' (Holiday King Gustav). Having been awarded the Families on Holiday in Mecklenburg-Vorpommern quality seal, Warnemünde promises wonderful experiences for guests of all ages, whether they are enjoying the beach, exploring nature or visiting one of the many indoor attractions.



These certified companies in and around Rostock provide added comfort and entertainment, ensuring an even more enjoyable family holiday:

- Felshelden – climbing in Warnemünde
- Hotel Ostseeland in Diedrichshagen
- Karls Erlebnis-Dorf Rövershagen
- Schwaan Art Museum
- Bad Doberan summer toboggan run
- StrandResort Markgrafenheide
- Yachthafenresidenz Hohe Düne
- Rostock Zoo



**Fun & adventure
for young and old**



Summer sports at the beach

During the summer months, Warnemünde Beach becomes a lively hub for sports and activity. From June to September, AOK Active Beach offers fun and games for everyone, featuring beach soccer, beach volleyball, and many other exciting sports. At the Strand Arena Warnemünde, sports enthusiasts of all ages come together to take part in thrilling competitions and tournaments, creating an energetic atmosphere right by the sea.

- 📍 AOK Active Beach: Beach access 13, 18119 Rostock-Warnemünde
- 📍 Strand Arena Warnemünde: Beach access 1-2, 18119 Rostock-Warnemünde

City tours & rallies

Discover Warnemünde on an exciting exploration tour and experience the seaside resort in a whole new way. Young explorers can enjoy even more adventure with our children's city rallies and pirate treasure hunts, packed with puzzles and surprises. Along the way, uncover special buildings, ancient inscriptions, and mysterious mythical creatures while putting your knowledge to the test.

rostock.de/family



Children's events

In Warnemünde, holidaymakers of all ages are sure to have fun. A wide variety of activities awaits young visitors throughout the year. Annual highlights include hiking with alpacas, games and fun on the beach, the Nature Sounds workshop, guided tours specially designed for children, the 'Schatz Ostsee' upcycling craft activity, and much more.

Here you can find all the latest dates:
rostock.de/events



Safe swimming

What could be better than playing on the beach in glorious weather and cooling off in the refreshing Baltic Sea? To make sure your swimming experience is both fun and safe, we provide useful information on our website, including the meaning of the beach flags and important rules for swimming.

rostock.de/beach



Shopping



Explore the vibrant shopping scene in Rostock, where charming streets and lively shopping districts await you. Wander along Kröpeliner Straße, Breite Straße and Lange Straße or discover unique Shops and hidden gems in the trendy KTV district. For a special maritime shopping experience, head to Warnemünde, where the charm of the sea blends with local shops.

rostock.de/shopping



Genuine Rostock: Natural cosmetics at BioBalsam

A charming shop to explore: handmade natural cosmetics from our glass-fronted factory – plus many other brands, small labels and seasonal favourites. Browse, smell and get expert advice.

bio-balsam.de

- Große Wasserstraße 6, 18055 Rostock
- +49 (0)381 46125636
- info@bio-balsam.de

MÄNNERHOBBY Distillery & Brewery

The MÄNNERHOBBY distillery and brewery has been distilling high-quality, multi-award-winning spirits for over 10 years. The in-house brewery, gourmet market and authentic cuisine round off an extraordinary stay at Mecklenburg-Vorpommern's largest distillery near Rostock.

maennerhobby.eu

- Mon-Sat 10 am-6 pm, Sun/public holiday 11 am-4 pm
- An der Postsäule 1, 18182 Mönchhagen
- kontakt@maennerhobby.eu



Gift ideas from Rostock for your loved ones

Discover high-quality, regional souvenirs from Rostock: lovingly designed, sustainably produced and full of North German charm. Whether for yourself or as a gift – take a piece of Rostock home with you!

rostock.de/info

- Rostock: Universitätsplatz 6, 18055 Rostock
Warnemünde: Am Strom 59, 18119 Rostock
- May-Oct Mon-Fri 10 am-6 pm,
Sat/Sun 10 am-3 pm
- +49 (0)381 3812222
- touristinfo@rostock.de
- Nov-Apr Mon-Fri 10 am-5 pm,
Sat 10 am-3 pm

Dining & drinking



Rostock's restaurants delight guests with fine cuisine and lovingly prepared home-style dishes – perfect for special occasions, relaxing holidays, or enjoyable meals with friends. The lively student district KTV adds to the city's vibrant atmosphere, with a wide variety of bars, cafés, and pubs lining the streets.

rostock.de/gastronomy



Café Bohne – Enjoyment with heart and aroma

At Café Bohne, lovingly roasted coffee meets a cosy, welcoming atmosphere. Located in the heart of the city, this charming café invites you to linger, chat, and relax. Alongside high-quality coffee specialities made from fair-trade beans, the team serves homemade cakes, fresh snacks, balanced lunch dishes, and seasonal treats.

Whether you're stopping by for breakfast, a quick coffee break, a hearty lunch, or a relaxed afternoon with friends, warm hospitality is always at the heart of the experience.

Café Bohne also offers its premises for a wide range of events – from birthday parties to theatre performances – making it a versatile venue for every occasion. Modern cosiness, sustainable products, and friendly service make Café Bohne a favourite spot for coffee lovers and connoisseurs alike.

cafe-bohne.de



- 🕒 Mon-Fri 8 am-6 pm
- 📍 Am Vögenteich 25, 18055 Rostock
- ☎ +49 (0)381 46010581
- ✉ bestellung.cafe.bohne@gmail.com

Welcome above the rooftops of the city

A gentle breeze welcomes you as you step into our rooftop bar, with the Warnow river flowing peacefully below and stretching toward the horizon. Settle into our comfortable lounge chairs, take a deep breath, and let your thoughts drift away. Carefully chosen design elements inspired by the quay complete the atmosphere, creating a space that invites you to linger, relax, and feel at home.



kai40.de

- Tue-Sat 4 pm-1 am
- Lange Straße 40, 18055 Rostock
- +49 (0)381 37500
- willkommen@kai40.de



Bistrot & Bar Rostock

Regional cuisine with international influences in the heart of Rostock, overlooking St. Mary's Church.

revo-hospitality-group.com

- Tue-Sat 5 pm-12 am, Sun Brunch 10 am-2 pm
- Neuer Markt 2, 18055 Rostock
- +49 (0)381 49730
- info.sonne-rostock@hrg-hotels.com



RITTMEISTER-DESTILLE

Distillery & bistro right on the waterfront. Wines | Beers | Cocktails | Tarte flambée

rittmeisterdestille.de

- Mon-Thu 12 pm-9:30 pm, Fri/Sat 12 pm-11 pm, Sun 12 pm-8 pm
- Warnowufer 59, 18057 Rostock
- +49 (0)381 87394854
- info@rittmeister-destille.de



'Unser Bier' brings us to the table

Here, people eat together, laugh together, uncork wine together – and sometimes spill it while pouring. North German. Warm. Authentic. A place where you can linger comfortably, but also enjoy a quick drink – completely spontaneous, completely uncomplicated. Look forward to honest dishes, prepared before your eyes in the open kitchen. Delicious smoked meats, cheese and many other snacks, served on our PLANKEN – in lengths from 40 to 120 cm – for snacking and enjoying on the side. Variety awaits you at the extra-long bar: whether poured from a wine bottle, mixed alcohol-free or tapped from one of the 20 taps.

unser-bier-gasthaus.de

- daily 12 pm-11 pm, kitchen until 10:30 pm
- Am Strande 6, 18055 Rostock
- +49 (0)381 37501
- willkommen@unser-bier-gasthaus.de



Fachwerk7 – Bar & Restaurant

Your favourite spot in the heart of Rostock, in the historic Wittespeicher, serving authentic bar classics and sophisticated dishes of the highest quality.

fachwerk7.de

- Tue-Sat 5 pm-12 am
- Schnickmannstraße 14, 18055 Rostock
- +49 (0)381 76873059
- info@fachwerk7.de



brise – Restaurant & Café

Enjoyment with a view of the Warnow: regional cuisine with international flair. Lunch | Dinner | Coffee | Sun terrace

brise-rostock.de

- Summer: Mon-Sun 11:30 am-10 pm, Winter: refer to website
- Schmarl-Dorf 22, 18106 Rostock
- +49 (0)381 87303917
- moin@brise-rostock.de

Hotel NEPTUN

Experience variety and indulgence at Hotel NEPTUN in Warnemünde, located directly on the beach. The legendary Broilerbar is a true cult favourite, while the Weineck restaurant delights guests with Mediterranean specialities. Enjoy stunning panoramic views at Café Panorama and the Sky Bar, situated 64 metres above sea level. In fine weather, the roof opens to reveal the Baltic Sea sky, creating an unforgettable atmosphere.

hotel-neptun.de

- 📍 refer to website
- 📍 Seestraße 19, 18119 Rostock-Warnemünde
- ☎ +49 (0)381 7770
- ✉ info@hotel-neptun.de



Restaurant Strand12

International with Mecklenburg character

hotel-huebner.de

- 🕒 daily 12 pm-11 pm
- 📍 Seestraße 12, 18119 Rostock-Warnemünde
- ☎ +49 (0)381 54341141
- ✉ info@hotel-huebner.de



Restaurant Diedrich's in the OSTSEELAND

Insider tip for lovers of fine cuisine

restaurant-diedrichs.de

- 🕒 daily 12 pm-10 pm
- 📍 Stolteraer Weg 47, 18119 Rostock-Diedrichshagen
- ☎ +49 (0)381 54832115
- ✉ info@restaurant-diedrichs.de



Kurhaus Warnemünde

Opened in 1928, the Kurhaus Warnemünde impresses with its beach location, Baltic Sea views and unique architecture. Enjoy modern Italian cuisine at the Paulo Scutarro restaurant and perfect locations for conferences, celebrations, weddings or large events.

kurhaus-warnemuende.de

- 🕒 Wed-Fri from 5 pm, Sat-Sun from 12 pm
- 📍 Seestraße 18, 18119 Rostock-Warnemünde
- ☎ +49 (0)381 66641626
- ✉ post@kurhaus-warnemuende.de



Restaurant Wilhelmshöhe - House on the cliff -

Cooked with love, with a fantastic view of the Baltic Sea

ostseehotel-wilhelmshoehe.de

- 🕒 Restaurant daily 12 pm-9 pm, Snack bar daily 11 am-5 pm
- 📍 Wilhelmshöhe 1, 18119 Rostock-Diedrichshagen
- ☎ +49 (0)381 548280
- ✉ info@ostseehotel-wilhelmshoehe.de



Beach restaurant & bar 'blaue boje'

Traditionally modern, regional, seasonal

blaue-boje.de

- 📍 refer to website
- 📍 Budentannenweg 10, 18149 Rostock-Markgrafenheide
- ☎ +49 (0)381 77891501
- ✉ info@blaue-boje.de

Accessible

Rostock is a city that welcomes everyone - people with and without disabilities alike. Many historic sights, museums, cultural attractions, and shopping areas are easily accessible. Experience pure nature at Rostock Zoo, IGA Park, or in the Rostock Heath. The city's beaches also offer paved access paths and wheelchair-accessible beach chairs, ensuring a relaxing day by the sea for all visitors.

rostock.de/accessible




Public transport

Rostock offers barrier-free trams, buses, and suburban trains with low-floor access across the city. Stops are designed with minimal height differences, allowing passengers with wheelchairs, walkers, e-scooters, or strollers to board and disembark safely and comfortably. All levels of Rostock Main Station are also fully accessible via lifts.

Accessibility in Verkehrsverbund Warnow VVW

Rostocker Straßenbahn AG

 +49 (0)381 8021900

 kundenservice@rsag-online.de

DB Regio Nordost Mobilitätsservice-Zentrale (MSZ)

 +49 30 65212888

 msz@deutschebahn.com



Eastern Old Town

The Eastern Old Town is Rostock's oldest district. From the city centre, a cycle path leads past the 'Steintor', along Ernst-Barlach-Straße, and up a ramp with a handrail to the Viergelindebrücke bridge. From here, visitors can enjoy a beautiful view of St. Nicholas.



Shopping street 'Kröpi'

The pedestrian zone along Kröpeliner Straße in the city centre is fully wheelchair accessible. Numerous shops and restaurants, as well as attractions like St. Mary's and the Museum of Cultural History, are barrier-free. Shopping centres such as the Kröpeliner-Tor-Center (KTC) offer wide aisles, accessible shopping experiences, and on-site restaurants, making a day of shopping comfortable and enjoyable for everyone.



St. Peter's Church

St. Peter's Church is easily accessible by car, with disabled parking available, or via the eastern entrance from the 'Stadthafen' tram stop or the 'Petrischanze' car park. A lift from the ground-level south portal leads up to the 45-metre-high viewing platform, which rewards visitors with stunning views over the city (please register at the main portal).

General information on accessibility

Hanseatic and University City of Rostock
Office for Disability Issues
behindertenbeauftragte@rostock.de

Kommune Inklusiv Rostock
inklusesrostock.de

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IN DEUTSCHLAND



Museums

Museum of Cultural History

The exhibition rooms at the Museum of Cultural History are fully wheelchair accessible, with all levels reachable by lift. A barrier-free toilet is available, and a wheelchair or stool can be borrowed on site. Barrier-free access is via the side entrance, with a short cobbled path leading from Universitätsplatz to the museum.

kulturhistorisches-museum-rostock.de

Warnemünde Local History Museum

The Warnemünde Local History Museum is housed in an original 18th-century fisherman's cottage. There is a bell at the entrance to ring to announce your arrival. Barrier-free access is provided via a mobile ramp at the side entrance. The interior rooms are at ground level and easily accessible by wheelchair or walker.

heimatmuseum-warnemuende.de

Maritime museum in the IGA Park

Located on a former ocean-going freighter, the Maritime Museum is fully accessible via a ramp. A spacious lift connects all exhibition decks – including the hold, deck II, deck III, and the main deck – ensuring wheelchair access throughout. An accessible toilet is available on board, and the surrounding IGA Park can also be explored barrier-free.

schiffahrtsmuseum-rostock.de



Rostock Zoo



Rostock Zoo is largely wheelchair accessible and features barrier-free attractions such as the Darwineum and Polarium. Wheelchairs, walkers, and the accessible Zoo Express can be borrowed or reserved in advance by phone. Visitors can enjoy special experiences like acoustic features in the animal houses and tactile fossils in the Darwineum. Markings on doors, stairs, and tactile paths make navigation easy and stress-free for everyone.

zoo-rostock.de

IGA Park Rostock

The IGA Park, with its gardens, playgrounds and water ski facility, is a popular tourist attraction on the Warnow River. The wide, flat paths are easy to navigate, and accessible toilets are available.

iga-park-rostock.de

Experiences for all



Family offer for all: Circus Fantasia

Every summer, the circus tent at Rostock's city harbour offers leisure activities by and for people with and without disabilities. On Sundays, everyone can try, practise, learn and laugh at the family participatory circus.

fantasia-rostock.de

Further experience tips in the region:

- Karls Erlebnisdorf (Rövershagen)
- Wildpark-MV (Güstrow)
- Vogelpark Marlow (Marlow)

Model of Rostock city centre

A bronze model between St. Mary's Church and street 'Lange Straße' offers a tactile overview of the city centre. It features Braille and the location is marked by a clearly discernible sphere.

Lange Str. 23, 18055 Rostock

Carillon on the five-gabled house

The carillon on the five-gabled house on University Square consists of 32 bells, which ring for half an hour every Saturday at noon from May to October.

Kröpeliner Str. 8-10, 18055 Rostock



for blind and visually impaired guests



Sea time for all

Beach for all

The seaside resort of Warnemünde offers a wide range of options for a comfortable stay. Whether you are in a wheelchair, using a walker, or pushing a pram, the promenade, the lighthouse forecourt, and the paths to the pier lights are all accessible via wide, level paths. From the railway station or cruise terminal, we recommend taking the path along the Alter Strom towards the beach.

Wheelable beach entrances:

- Warnemünde: 4, 6, 10, 14, 18, 25
- Markgrafenheide: 19, 31

Assistance dogs:

Recognised assistance dogs are permitted on all sections of the beach year-round. Please carry an official certificate with you.

Water entry aids with fixed ropes:

- Warnemünde: beach access 18, 25

Accessible toilets at beach entrances:

- Warnemünde: 1, 3, 6, 10, 16, 18
- Markgrafenheide: 19, 23, 31

Wheelchair-accessible beach chairs:

Reservations and more information:

- Warnemünde, beach access 4 (near the lighthouse): Strandoase Treichel, strand-warnemuende.de
- Warnemünde beach access 10 (near Hotel NEPTUN): Beach chair rental Warnemünde, beach.de

The accessible beach chair is a project of the Tourist Board Rostock & Warnemünde with



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We are here for you!

Whether you are visiting Rostock for the first time or rediscovering your favorite spots on the Baltic Sea, the team at Rostock Information is here to help. We provide personal advice, assist with planning your stay, and share insider tips on sights, excursions, and events – ensuring your visit to Rostock is truly unforgettable. We look forward to welcoming you!

rostock.de/info



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Theatre, concerts, events, children's events and much more



Travel literature

Travel literature, cycling and hiking maps



Tickets

Local transport and ferry

Rostock Information Centres:

City centre (step-free)

Universitätsplatz 6 (Barocksaal), 18055 Rostock

Warnemünde (step-free)

Am Strom 59 (entrance Kirchenstraße), 18119 Warnemünde

- May-Oct Mon-Fri 10 am-6 pm, Sat/Sun 10 am-3 pm; Nov-Apr Mon-Fri 10 am-5 pm, Sat 10 am-3 pm

Informationspunkt Rostocker Heide

Warnemünder Straße 3 (Heidehaus), 18146 Markgrafenheide

- seasonal May-Sep

Cruise Passenger Information

Am Passagierkai, 18119 Warnemünde

- in service whenever cruise ships arrive at the cruise terminal

Service hotline:



+49 (0)381 3812222



touristinfo@rostock.de

rostock.de/info





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